

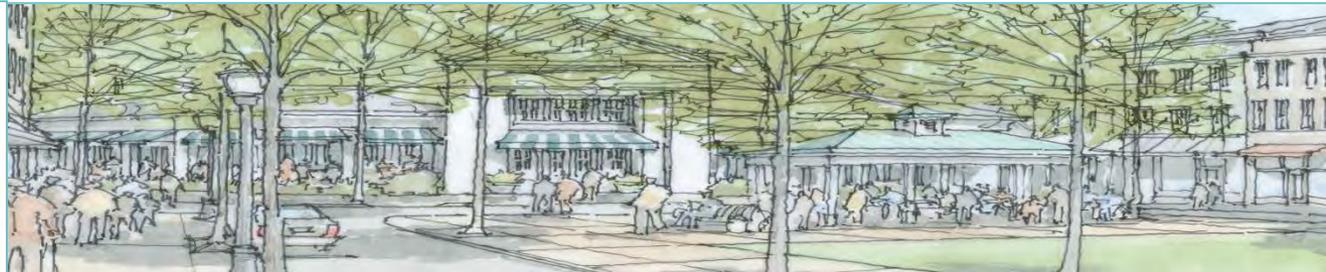
# Lifelong Communities

a place individuals can live throughout their lifetime

## *Lifelong Communities Innovation in Planning*



**Re-imagine**  
*the Way We Live* Together



**2000: 1 in 10**

**2030: 1 in 5**



# Impact and Opportunity

*“Traditional homes and neighborhoods do not adequately address the interdependent needs of older residents, including health, nutrition, exercise, transportation, safety, and civic/social engagement.”*

From the National Association of Area Agencies on Aging & MetLife Foundation:  
*The Maturing of America, Getting Communities on Track for an Aging Population*



# Redefining What is Old.....



*"Good news, honey—seventy is the new fifty."*

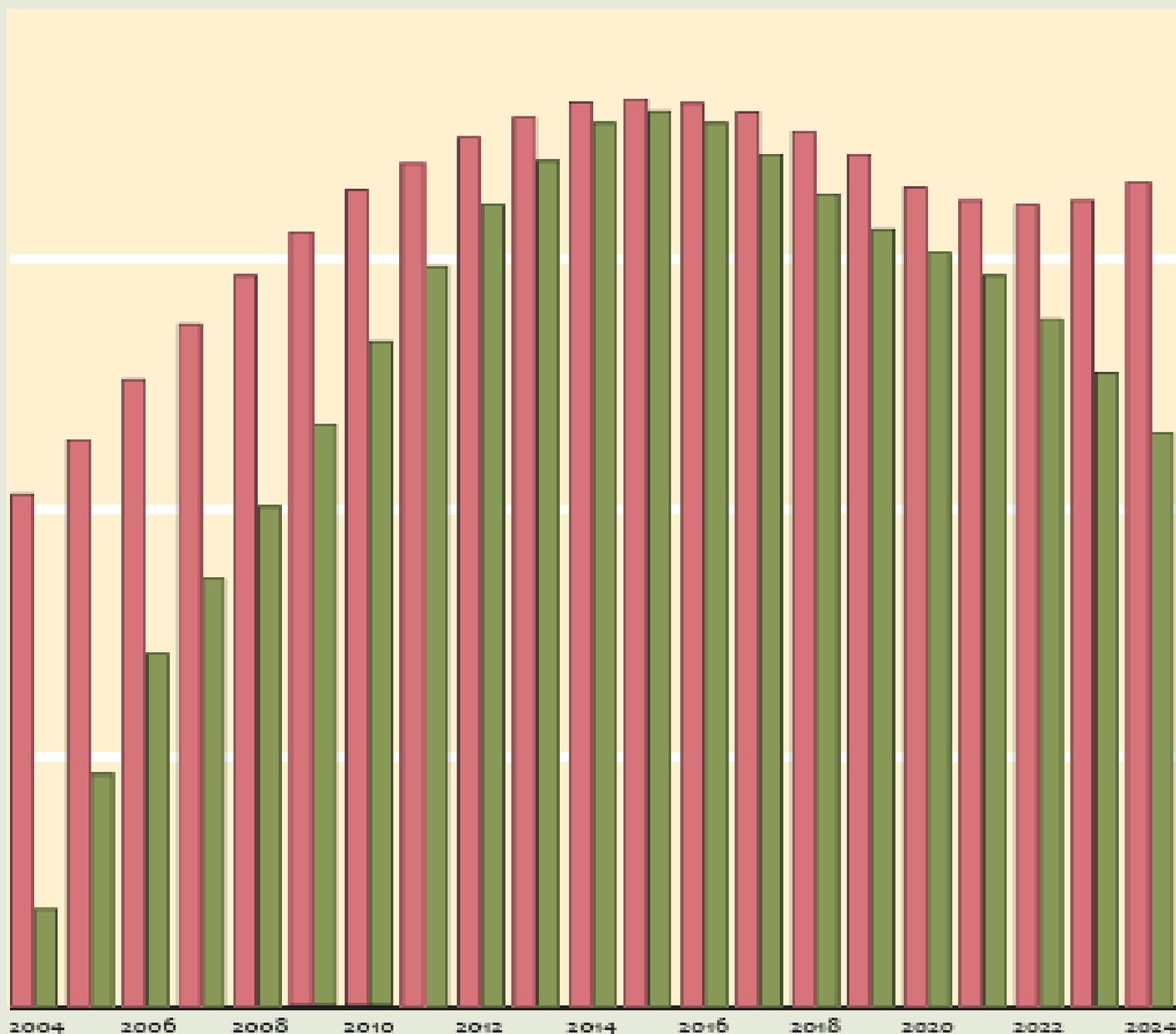
45,000,000

42,500,000

40,000,000

37,500,000

35,000,000



Millennials 20-29 years old  
Baby Boomers 50-59 years old

Note: This study was done in 2009



## **Lifelong Communities**

places individuals can live throughout their lifetime

Provides a full range of options to residents, ensuring a high quality of life for all.

### *Promote Housing & Transportation Options*

Support development of a wide range of housing options that are accessible, close to services, available to a full range of incomes and located within existing communities.

Encourage mobility options to ensure that as individuals age they can access basic services and remain independent.

### *Encourage Healthy Lifestyles*

Create environments that promote physical wellness, social interaction and easy access to healthcare.

### *Expand Access to Services*

Increase both service options to better address the needs of a population that demands choice and opportunities to obtain counseling to evaluate alternatives.

# A Lifelong Community Has . . .

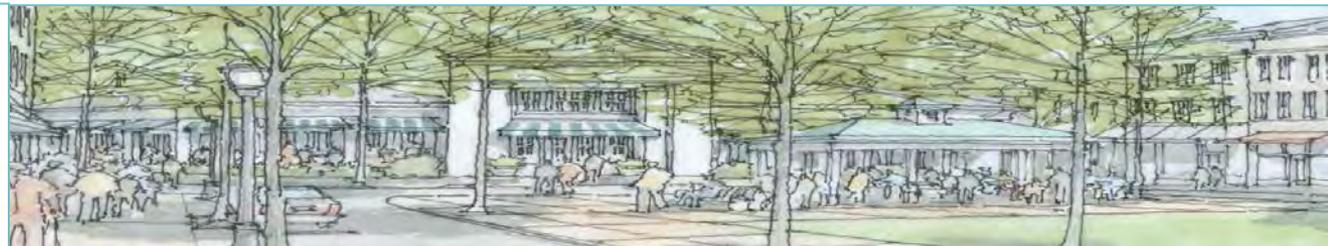


❖ Residential Options of different shapes, sizes and price points.



Lifelong Communities  
a regional approach to aging

**Re-imagine**  
the Way We Live Together



# A Lifelong Community Has . . .



## Strategies for Mobility

- Expand Transportation Options
- Use available Community Resources
- Create Walkable Communities, Safe Roads and Safe Drivers
- Implement Regional Strategies and Initiatives with Key Partners



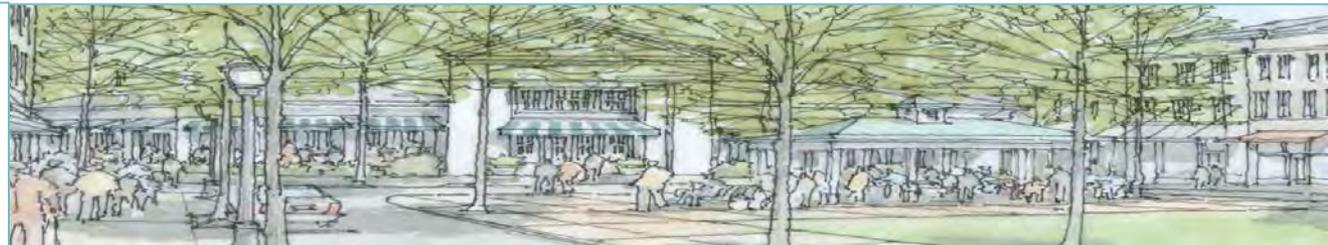
# A Lifelong Community Has . . .



- ❖ Housing, neighborhoods, stores and services that are connected.
- ❖ Easy access to community and health services.
- ❖ Places and opportunities for social interaction.



**Re-imagine**  
*the Way We Live Together*



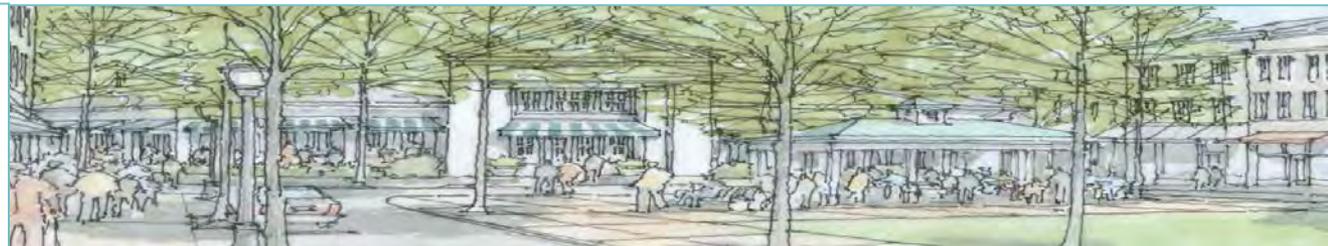
# A Lifelong Community Has . . .



❖ Green spaces and opportunities for healthy lifestyles

  
Lifelong Communities  
a regional approach to aging

**Re-imagine**  
*the Way We Live Together*



# A Lifelong Community Has . . .

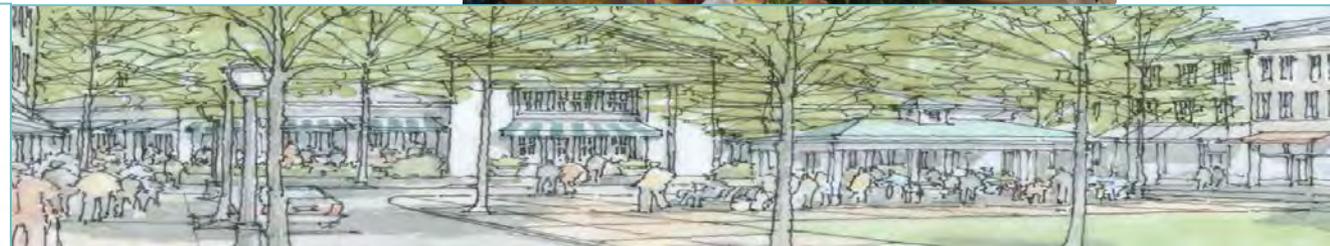


- ❖ Places for exercise
  - ❖ Community Gardens
  - ❖ Farmer's Markets
  - ❖ Health Services

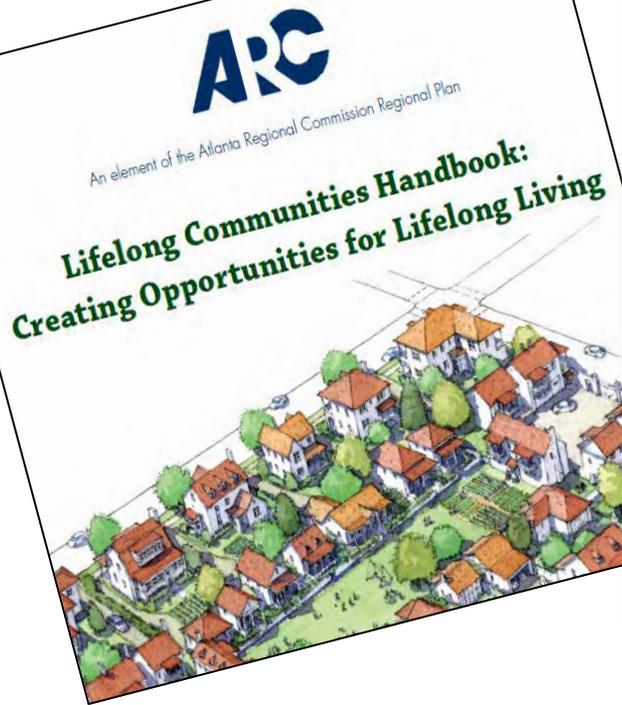


  
Lifelong Communities  
a regional approach to aging

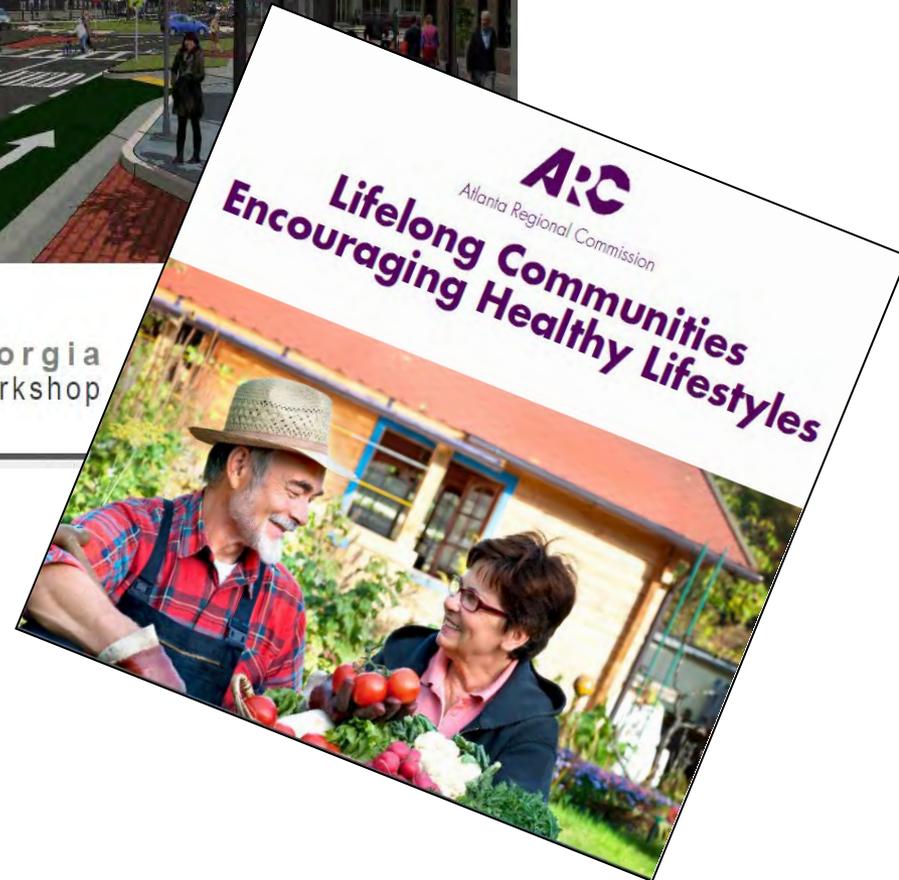
**Re-imagine**  
the Way We Live Together



# New Tools



Morrow | Georgia  
Active Living Workshop





# Questions?

## Contact Information:

Laura Keyes

[lkeyes@atlantaregional.com](mailto:lkeyes@atlantaregional.com)

Resources:

[www.atlantaregional.com/lc](http://www.atlantaregional.com/lc)